

CITY OF COLVILLE

PROCLAMATION

**WHEREAS**, per Congressional Record, May 24, 1994, heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve our Nation's health, as well as save limited health care dollars. Recognizing and preventing men's health problems is not just a man's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue; and

**WHEREAS**, despite advance in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value of preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screening; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month website has been established at [www.menshealthweek.org](http://www.menshealthweek.org) and features resources, proclamations, and information about awareness events, including Wear Blue for Men's Health; and

**WHEREAS**, Colville Men's Health Month will support awareness on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

**WHEREAS**, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW, THEREFORE**, I, Louis F. Janke, Mayor of the City of Colville, do hereby proclaim June as Men's Health Month in this City, and encourage all our citizens to pursue preventative health practices and early detection efforts.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the City of Colville to be affixed this 13th day of February, 2019.



Louis F. Janke, MAYOR

Attest:



Holly Pannell, MMC, PFO  
City Clerk/Human Resources Manager